

# HISPANIC HERITAGE MONTH

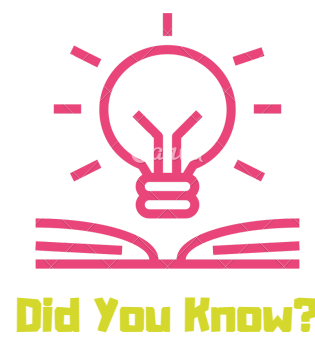
This is the first action card of the Tremont DEI Committee. Each month, we'll provide resources to explore our theme and suggestions on having conversations with your student. We're calling it an action card because we hope you take action and engage your student in learning how to be a global citizen, but also because there is a monthly challenge for your family!



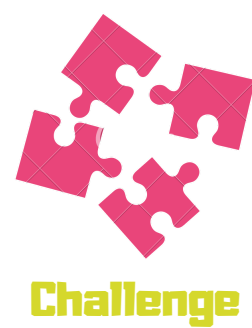
We are celebrating Hispanic Heritage Month which runs from **September 15th - October 15th**. In this date range, several Latin American countries celebrate their independence days, including Costa Rica, El Salvador, Guatemala, Honduras, Nicaragua, Mexico, Chile and Belize.



One of the books in the list below is called *Mango, Abuela & Me* which is a story about a grandmother and granddaughter learning to communicate with each other despite speaking different languages, English and Spanish. Here is a resource for talking with your child about culture, language, and communication: [Mango, Abuela & Me](#)



Explicit conversations with 5-7 years olds about interracial friendship can dramatically improve their racial attitudes in as little as a single week! (Bronson & Merryman, 2009)



The term Hispanic includes many different countries. Pick one and learn about that country's specific culture. Read a book, listen to music, or try new food from that country!



October 4th: Check out our table at Fall Festival!  
October 15th: Tremont DEI Committee Meeting  
October : Bullying Prevention Month



**Music:** Search Spotify or Pandora for playlists for Latin music  
**Food:** On Yelp, search by a specific country to find a restaurant to try like "Salvadoran", "Venezuelan" or "Peruvian"  
**Books:** [8 Must-Read Children's Books for Hispanic Heritage Month](#)

