

# NATIVE AMERICAN HERITAGE MONTH

The theme for this action card is Native American Heritage Month which takes place during the month of November. In this edition, we challenge you to view things through the lens of a Native American as it relates to the Thanksgiving holiday, but also with stereotypes we see in books, movies, and marketing throughout the year.



## Language

Sometimes we say phrases or assume things about a person because those were the stories and language we heard growing up. As always, little ears are listening, so what are we teaching our children?

Check out this short video.

Native 101: Breaking Stereotypes: [Video](#)



## Did You Know?

Cultural appropriation is the act of adopting elements of an outside, often minority culture, including knowledge, practices, and symbols, without understanding or respecting the original culture and context.



## Try This!

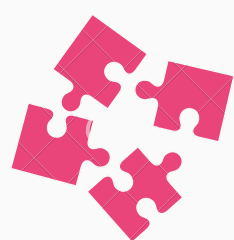
**Books:** Best Native American Children's Books:

<https://www.pragmaticmom.com/2010/06/top-10-native-american-childrens-books-ages-2-16/>

**Podcast:** Talking Race with Young Children - NPR Life Kit Sesame Street Workshop

<https://www.npr.org/2019/04/24/716700866/talking-race-with-young-children>

**Video:** Unspoken: America's Native American Boarding Schools: <https://www.pbs.org/video/unspoken-americas-native-american-boarding-schools-oobt1r/>



## Adult Challenge

Try to find depictions of Native Americans in marketing, sports, media, and pop culture. How are they being portrayed?

<https://youtu.be/47VcXISWw-8>



## Kid Challenge

Find out the meaning behind your name or nicknames. A Native American person's name can reflect their personality, what they have accomplished, or what has happened in their life. When you encounter a name that is unusual to you, be curious and respectful.



## Events

November 4th, 12th, 18th: America to Me, Screening and Discussion at Hastings Middle School (for adults and high school students)

November 19th: Tremont DEI Committee Meeting